

Facial Treatments



Skin Fitness Facial for Men - A deluxe facial for men, with a highly concentrated Escutox extract to counteract the aging process. This treatment is specifically formulated for a man's skin needs and includes a luxury mask that promotes healthy, youthful skin. *60 minutes*

Instant Repair – For Problematic Skin

Acneic skin types require extra care and specialized ingredients to address seriously evident concerns such as: acneic breakouts, blackheads, and irritated skin. This highly effective, soothing treatment calms redness and alleviates irritated or sensitive skin. A healing Propolis ampoule is applied to desensitize the skin's surface and restrict capillaries. A cool lift-off mask is then applied to seal in the vitamin-enriched ampoule. *55 minutes*

The Jet Lag Facial – A Deeply Hydrating Facial

The facial treatment combats dry, dehydrated skin. Vitamin-enriched, it infuses the skin with vitamins A, E, and D, fighting free radicals that cause premature aging. This dramatic bi-thermal treatment mask first warms to promote vitamin absorbency within the skin, then cools to seal in hydrating benefits and refine the pores. Hard lift-off mask. *55 minutes*

When booking treatments, ask the Spa Concierge about further customizing your selected service.

Classic European Facial with concentrate according to skin type – A specific ampoule treatment to soothe, repair and revitalize, ideal for all skin types. Incorporating a clean, natural and gentle exfoliation, steam and massage, it leaves the skin radiant. *60 minutes*

Curtain Bluff's Signature Facial Treatment – Anti-aging with Myoxy Caviar Mask – Counteract the visible signs of time with this age-defying treatment. With caviar extract, pearl extract and Escutox for smoothing wrinkles, it improves elasticity, and increases skin oxygenation and suppleness. *80 minutes*

Luminous "C" & Sea Facial – A radical treatment for Sun Damaged and dehydrated skin, this facial combines the high potency of Vitamin "C" and the stimulating effects of pure "freeze dried" seaweed, which leaves the skin feeling firm, rejuvenated, and extremely soft. An excellent treatment for sunbathers and anyone with sun-damaged skin. A treatment that restores a youthful appearance, rendering skin luminous!
60 minutes

Spa Teens

Pic To come

HydraSoothe Facial – Post Sun Therapy – The ultimate skin soothing & solar defense! Papaya HydraSoothe Treatment helps teens restore vital skin health and hydration stripped away by their greatest friend and foe...the sun. The treatment begins with an exfoliating cleansing, followed by a Pevonia-exclusive peel, Clear-O-Zym, effective in removing deep-clogging blackheads and dead cells. A deep cleansing process is then complimented by the application of a deeply hydrating and desensitizing papaya mask with a natural blend of replenishing and calming ingredients.

Heal & Calm Facial – Blemished Skin Treatment – A potent formulation for acne control and prevention, this dynamic facial treatment begins with a gentle yet thorough cleansing exfoliation. Next, a Pevonia-exclusive peel, Clear-O-Zym, removes deep-clogging blackheads and dead cell accumulation. A deep cleansing process is seamlessly followed by the application of a highly antiseptic blemished skin mask with healing and calming benefits.

HydraBoost Facial – Unsurpassed hydration for a glowing complexion. This treatment counteracts environmental aggressors and hormonal variances and also offsets the effects of a demanding, stressful schedule. Vitamin enriched, this begins with a gentle yet thorough cleansing exfoliation. Clear-O-Zym, a Pevonia-exclusive peel, is then applied to remove deep-clogging blackheads, and dead cell accumulation. The skin rejoices as a deep cleansing process is followed by the application of a pleasurable strawberry antioxidant mask with wonderful cooling, desensitizing, and replenishing benefits. Providing teens with an intensive yet delightful treatment experience.

Boosters

Try these services separately or use to enhance other treatments.

The times displayed are for services done separately and will be less if done as additives to other treatments.

Facial Boosters:

Youthful Lips – This excellent treatment redefines the lip contour and smoothes wrinkles and furrows. A velvety-textured actives mask containing collagen, fiber, and retinol is applied to smooth, hydrate, and renew the lip area.

Youthful Eyes – Perfect for tightening and smoothing wrinkles, this stimulating treatment focuses on the sensitive eye area of all skin types. Rid the eye contour of free radicals with a deep cleanse and ionization then relax through the application of collastin and a cooling eye mask. After moisturizing towards the end, you'll enjoy the visible effects of youthful eyes. *30 minutes*

Eye Treatment for Puffiness & Dark Circles – Counteract puffiness and dark circles with Collagen Fiber and Ginkgo Biloba. This natural fiber eye mask treatment soothes, cools, and decongests the fragile eye area, visibly reducing puffiness and dark circles, rendering your eyes visibly rejuvenated. *10 minutes*

Eye Treatment for Lines & Wrinkles – Treat your eye area to visible rejuvenation with 100% pure Marine Collagen to smooth the appearance of fine lines, reduce crepiness, and rejuvenate the eye contour. *10 minutes*

(For best results, we recommend that you have both: the wrinkles followed by the puffiness.)

Body Therapy



Tangerine Dreams – Aromatic Salt Glow – Restore skin's radiant glow with exfoliating sea salts enriched with Ylang-Ylang, tangerine and lavender. Your body will be polished and mineralized. A preserve moisturizer will be massaged at the end of your treatment. *30 minutes*

Body Perfection – Body Scrub – A natural body exfoliating treatment guaranteed to remove dead cells and impurities and to soften rough, dry skin. The skin is then moisturized, leaving a healthy glow. *45 minutes*

Antigua Sizzle – This warm, bubbly wrap soothes and relaxes every inch of your body. Excellent for rheumatic pain and arthritis, it nourishes the skin and improves blood circulation. This treatment comes with a full-body hydration. *60 minutes*

Caribbean Green Coffee Wrap – A Cellulite Corrective Treatment – The skin is gently exfoliated to encourage deeper penetration of this highly concentrated and proven-effective treatment. It is designed to reduce fat and to produce a firming and slimming effect. *60 minutes*

Moor Mud – This muscle-releasing treatment begins with a deep-exfoliation cleansing treatment, utilizing aromatherapy salts. Warm

Aromatic Fango is then applied to your entire body to relax sore muscles, stimulate circulation, and relieve stress. Excellent treatment to relieve pain from the muscles. *60 minutes*

Water Lily Wrap – An After-Sun Soothing Treatment – Immediately relieves sun-sensitive skin with this soothing wrap. Cooling and desensitizing Water Lily, Green Tea and Chamomile, relieve the discomfort of over-exposed skin. This treatment heals, desensitizes, and decreases skin temperature. *45 minutes*

Tropical Escape – Crème Wrap with Papaya-Pineapple – Drenched with papaya and pineapple, this tropical wrap is also enriched with Crème Fraîche natural butter, calcium, a high content of vitamin A, pomegranate extract, and other anti-aging ingredients such as collagen polypeptides (firming). The luscious Crème Fraîche formula is applied all over your body for a glorious sensory escape. As you are enveloped by the scent of vanilla and enticing tropical fruits, your skin is deeply nourished and rejuvenated, revealing an astonishing decrease in body crepiness and wrinkles. *55 minutes*

Tropical Oasis – Yogurt Wrap with Mango-Passion Fruit – Combining the tropical extracts of mango and passion fruit, this wrap is rich in Malic, Tartaric and citric acids, potassium calcium, glucose, and other key anti-aging ingredients such as, repairing vitamin C. As the Creamy Yogurt formulation is applied all over your body, you are transported to a sublime tropical oasis where your senses are gently awakened and phenomenal visible results are obtained. Your skin emerges revived, refreshed, smoother, firmer and vividly brighter. *45 minutes*

Head to Toe Repose – For those who feel they are cheating their beach time by doing a full-length treatment, this is the perfect massage for you. In half the time, fully unwind and enjoy a super relaxing leg, back and head massage. *30 minutes*

Massage Treatments Relax & Rejuvenate Aching Muscles



Pregnancy Massage – In one word, “bliss”. Specifically designed for the mother-to-be. A pillow will support the belly and make the mother completely relaxed and comfortable. This massage helps to reduce back and neck pain associated with pregnancy. Smooth, relaxing strokes will put both mother and baby at ease. *60 minutes* (recommended for ladies beyond their first trimester.)

Aromatherapy Massage – A massage designed especially for those in need of relaxation. Soothing and calming strokes will enhance your massage experience. Your therapist will let you chose a special oil for your most relaxing massage. *60 minutes or 90 minutes*

Reflexology – A pressure point massage technique applied to the feet releases tension. Each point corresponds to an area of the body in which to heal. Especially beneficial for those on their feet all day. *45 minutes*

Back Massage – Great for those who have an aching back or want this specific area of their body massaged. Enjoy your choice of aromatherapy warm oils applied to the back for ultimate relaxation. *30 minutes or 60 minutes*

Massage Boosters:

Aromatherapy Scalp Massage – Experience the wonders of aromatherapy in this stimulating, stress relieving massage which aims to relax the nervous system and calm the mind. *10 minutes*

Back Renewal – This treatment aims to deep clean this hard-to-reach area, refine and smooth the skin, prevent clogging and breakouts, rehydrate dry, flaky skin or control oiliness. Affectionately called the “bacial”, the back renewal is our facial solution for the back. *30 minutes*

Caviar and Champagne Massage – This signature treatment designed especially for Curtain Bluff’s Spa introduces new sensations to the Swedish massage. It is intended for an ultimate relaxation experience. Saturation with special oils is followed by a bubbly and effervescent champagne poured all over the body for an incredible sensation. *60 minutes or 90 minutes*

Sabai Stone Therapy – Warm or Cold Stones will create trails of different temperatures flowing through your body. The combination of massage and stone placement circling the spine, radiating through the shoulders and neck, and flowing down the legs to the feet, melts away tension within the body. The hot stones are known to facilitate the flow of relaxation through the mind, body and spirit. *60 minutes or 90 minutes*

Ultimate De-Stressor – This full-body massage is intended for deep relaxation, increased circulation, full mind and body stress relief. Add an aromatherapy scalp massage for total bliss. *60 minutes or 90 minutes*

Deep Tissue Massage – This massage concentrates on stubborn knots and areas of chronic tension. *60 minutes or 90 minutes*



To enhance your manicure and pedicure treatments, you may add French polish for an additional \$15 and/or a paraffin wax for \$20.

Hand Care **Rejuvenate Your Hands**

Classic Manicure

This manicure will include nail shaping, cuticle trimming and hand massage, followed by polish application. *45 minutes*

CB Youth Renew Caviar Hand Treatment

This luxury ultra-luxe treatment with superlative results lavishly counteracts the damaging effects of aging and environmental photo damage. This treatment will result into "youthful looking hands". It begins with an Enzymatic Peel for a phenomenal exfoliating effect, followed by a high-performance Caviar Extract Massage. A caviar mask is then applied, and for ultimate renewal a caviar hand cream renders hands soft, smooth and gloriously rejuvenated. *60 minutes*

Nail Booster – Paraffin Wax

Rehydrate your hands and or feet with this super-intense hydration and softening treatment.

Foot Care **Relax tired feet**

Classic Pedicure – A relaxing spa pedicure

This treatment will begin as your feet are immersed in an aromatic whirlpool bath. Your cuticles will be trimmed and nails will be filed, your feet and legs exfoliated and massaged. If desired, nail polish will then be applied. *60 minutes*

CB Youth Renew Caviar Foot Treatment

This opulent and rejuvenating therapy treats your feet to visible rejuvenation with its powerful formulation of enriching actives: caviar, marine collagen, retinol and repairing vitamins. All these wonderful ingredients will seep into the skin to ensure you reveal youthful, refreshed and velvety-smooth feet. *75 minutes*

Spa Packages



The Ultimate Escape

Learn the true meaning of relaxation by giving yourself a one-day, stress-free vacation. Indulge yourself with a Curtain Bluff Signature Massage, Signature Facial, Signature Pedicure, Shampoo, Style, and Deep Conditioning Treatment. This package will help you to forget why you needed the day away in the first place. *6 hours*

Half Day Getaway

If you don't want to spend the full day getting treatments, and still want some time for yourself, this package is for you. Receive an Aromatherapy Massage, a Classic Facial, Classic Manicure, and Classic Pedicure. This package will revive you and let you take on the rest of the day. *3 1/2 hours*

Couple's Day Away

Put aside a day to enjoy each other while spending quality time in the lap of luxury. On your day away, you will both be pampered with our Instant Repair Facial, our Classic Pedicures with Paraffin Wax, the decadent new Tropical Wrap, and a 90-minute Ultimate De-Stressor Massage. Spend the final moments toasting the day with champagne and hors d'oeuvres on the balcony of our Double Suite. *5 hours*

For the Bride

Since your special day should be anxiety free, allow The Spa at Curtain Bluff to pamper and perfect you with a Classic French Manicure and French Pedicure with Paraffin Wax, Shampoo and Style followed by a professional Make-Up session. (This may be split over a two-day period) *6 hours*

For the Groom

Because we understand that the proud groom deserves to be pampered like his bride-to-be, this package aims to complete him for that special day. Begin with a Speedy Facial then enjoy a Fingernail Tidy and a Mini Pedicure...top it off with a blissful Head to Toe Repose Massage. Now you're ready! *4 hours 30 minutes*

The Spa at Curtain Bluff

GENERAL INFORMATION

All treatment times include a 5-minute, in-room therapist/client consultation.

RESERVATIONS, CANCELLATIONS and RESCHEDULING

We recommend that all reservations be made in advance to best facilitate your preferred time.

Cancellations

All cancellations made within 24 hours will be charged 50% of the treatment price; those made within 2 hours and no-shows will be charged in full.

Rescheduling

Rescheduling a treatment within 6 hours of the due time will incur a 50% charge of the treatment price; rescheduling within 2 hours will incur a full charge.

ARRIVAL TIME

We ask that you arrive at least 15 minutes before your appointment time. Please note that if you are late, your treatment time will be modified and the full price will be applied.

CHILDREN

Children under 16 years must be accompanied by an adult when scheduling or receiving spa services.

IN-ROOM MASSAGE

We understand that sometimes you just want to relax in the privacy of your room and, with advanced booking, we will try to accommodate your request. For this service, there will be an added 25% surcharge.

Please make all arrangements with the Spa Concierge.

GIFT CERTIFICATES

Our beautifully packaged gift certificates are ideal for any special occasion or gesture of appreciation. Gift certificates are available for all personal services and products. Please note that these are non-refundable, non-transferable and will not be reissued if lost.

CLIENT CARE AND HEALTH CONSIDERATIONS

We aim to protect your modesty during all treatments and encourage you to disrobe to your level of comfort. Prior to your treatment, we will require you to complete a consultation form with an insight to your most current medical status.

Please note that treatments often stimulate increased blood flow which may be contra-indicatory to certain medical conditions; therefore treatments on ladies in the first trimester of pregnancy will be limited to manicures and pedicures.

VALUABLES

The Spa accepts no responsibility for the safety of your valuables and we ask that they be removed prior to your visit.

PAYMENT

We accept all major credit cards.

SPA HOURS

Daily 10 am – 7 pm

IN ADDITION

All services attract a 10.5% Antigua and Barbuda sales tax and a 10% hotel service charge. Please inform our concierge or your therapist if you wish to add gratuities.